



Hatha Yoga

Weekend Workshop **April 22nd-24th, 2016**

Friday: 19h-21h

Saturday: 9h-13h & 15h30-18h00

Sunday: 9h-13h

Led by Marina Bergamin, experienced yoga teacher

For established yoga practitioners willing to deepen their practice through pranayama, asana, concentration techniques & mudras

Info & registration @ viajesomindia@gmail.com /
www.viajesomindia.com

CHF240 for the whole weekend